

# session three

## who is Jesus?

**Note to leader:** Plan to bring a faith-filled and real testimony about the change Jesus has made in your life.

### *BRIEF SUMMARY OF SESSION TWO*

*Mankind has been made in God's image and has achieved incredible things in science, medicine and art. However, there is a problem which the bible calls sin. This sin separates us from God. To be put right, we must humble ourselves, recognise our need of forgiveness and accept Jesus as the way to God.*

### **SO, WHO IS JESUS?**

Lots of people have lots of ideas about who Jesus is. Most other religions accept that Jesus existed and was an extra-ordinary teacher, prophet and moral leader. The bible clearly states that Jesus was all these things and much more! It says Jesus was and is the only Son of God.

If that's true, then He is the most important Person that ever lived.

If that's not true then He was just a good man in history.



Jesus – past, present and future

There is a scripture that says **Jesus Christ is the same, yesterday and today and forever.** HEBREWS 13:8

This means that the Jesus of history is the same person today. What He did then He can do now.

Getting to know Jesus

Q: *How have you got to know your friends?*

If any of us want to get to know someone, we listen to the things they say and observe the things they do. We take time to watch how they treat other people and how they handle different situations.

It's also important to hear what other people have to say from their own experiences.

Looking at Jesus “yesterday”

Let's read together an account from the bible which tells the story of someone who met Jesus.

**A man with leprosy came to Him and begged Him on his knees, 'if You are willing, You can make me clean.' Filled with compassion, Jesus reached out His hand and touched the man. 'I am willing,' He said. 'Be clean!' Immediately the leprosy left him and he was cured.**

MARK 1:40-42

Q: *What can we learn about Jesus from this story?*

The world has lots of good people who want to help others, however there are limits to what people can do. Jesus has no limits! He loves people and has the power to bring change – and do the impossible!

Looking at Jesus “today”

Today, there are countless people all over the world who have experienced Jesus' compassion and ability to change their lives.

- Sick bodies have been healed
- Depression and fear have lifted
- Addicts have been set free
- Damaged relationships have been restored
- People have received new hope for the future
- Even successful people have found a higher purpose for living

*Now listen to a testimony about a healing or changed life because of Jesus.*

Q: *What does this show us about Him in today's world?*

Looking at Jesus “forever”

We have heard that the Jesus of history is working in exactly the same ways today as He did over 2000 years ago. Our world today is a very changeable and uncertain place.

Q: *What makes the world a changeable and uncertain place?*

# session three – who is Jesus?

Jesus never changes. Knowing Him brings stability to our lives now and in the future. Often, when people think about their future, they feel anxious and uncertain.

*Q: What sort of things cause people to be anxious about their future?*

**Cast all your anxiety on Him because He cares for you.**

1 PETER 5:7

*Q: What difference would it make for you to be free from anxiety?*

Jesus always changes our lives for the better. He is:

- The Good Shepherd
- The Healer
- The Restorer
- The Burden-lifter

## FOR NEXT SESSION...

Why not go home and write a list of the things that trouble you? Then consider how trusting Jesus about these things will make a difference. At any point, you can pray and speak to God about these issues, big or small. He will help you if you ask.